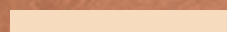


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BLEND

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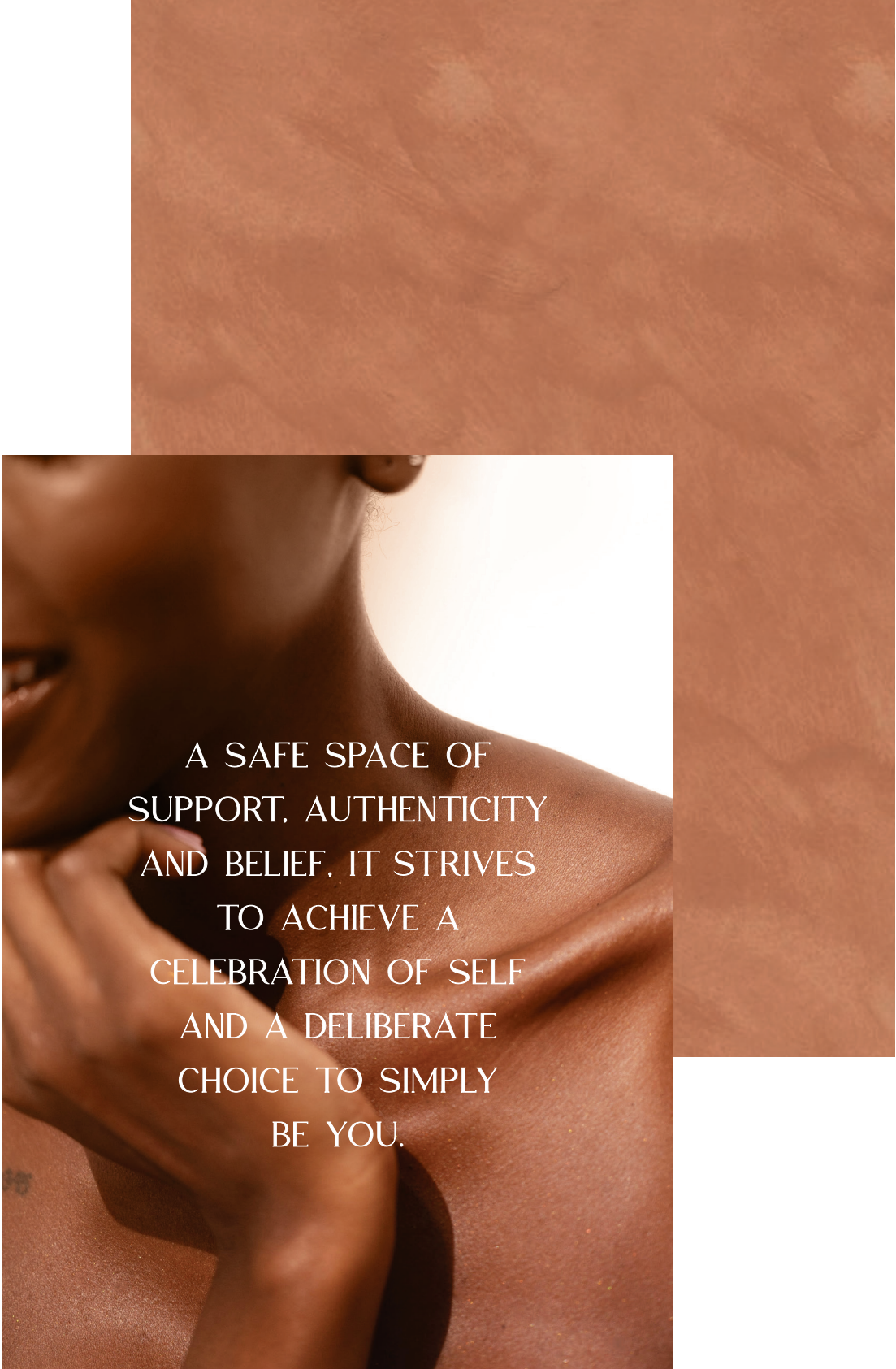


WELCOME TO **BLENDED**

A collective of purpose-built wellness, beauty, and fitness experiences curated to inspire and ignite confidence.

Our all-encompassing spa, salon, and wellness destination is pioneering a new way of thinking; one that challenges the ideology of perfection, and celebrates the notion of one simply being enough.





A SAFE SPACE OF
SUPPORT, AUTHENTICITY
AND BELIEF. IT STRIVES
TO ACHIEVE A
CELEBRATION OF SELF
AND A DELIBERATE
CHOICE TO SIMPLY
BE YOU.



BLENDS

1 MESSAGES

2 BODY TREATMENTS

3 FACIALS

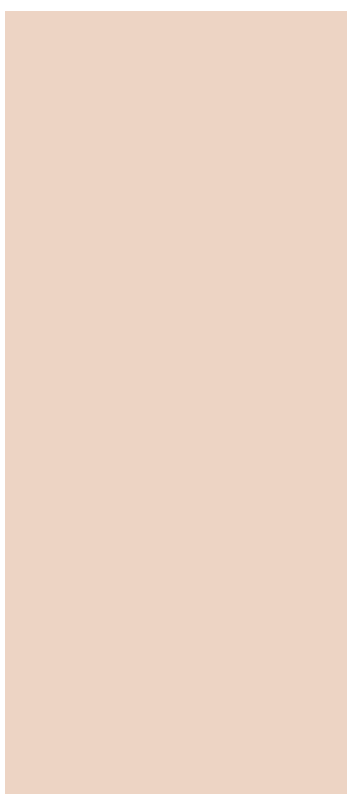
4 ESSENCE OF ARABIA

5 RITUALS



FIND YOURSELF.
HERE.

Recognising that no two journeys are the same,
we invite you to lean into a state of calm, clarity,
and self-love, achieving authentic self-confidence
through a tailored experience that celebrates
the uniqueness of each individual person.



MASSAGES

INTENSE MUSCLE MELT

60 min | AED 650 90 min | AED 800

Rediscover your strength with this expertly crafted treatment that blends deep tissue techniques, corrective stretches, and targeted pressure to melt away tension. Ideal for addressing stubborn knots and muscle stiffness, this massage energizes and aligns your body, leaving you empowered and revitalized.

FULL BODY | FIRM PRESSURE | RECOVERY

REBALANCE & RESET

60 min | AED 600 90 min | AED 750

Unwind and recharge with this transformative experience designed to release the burdens of stress. Combining rhythmic strokes, gentle mobilizing movements, and soothing aromatherapy, this treatment resets your mind and body. You'll emerge feeling calm, centered, and renewed.

FULL BODY | MEDIUM PRESSURE | RECHARGE

DEEP REST

60 min | AED 600 90 min | AED 750

Surrender to stillness with this soothing massage, designed to calm an overactive mind and prepare your body for deep rest. Gentle, rhythmic strokes paired with warm, tranquil oils ease tension and quiet the senses, creating the perfect escape to relax, unwind, and drift into serenity.

FULL BODY | MEDIUM PRESSURE | RELAXATION

DETOX AND FLOW

60 min | AED 650 90 min | AED 800

Experience a revitalizing treatment designed to boost lymphatic circulation and support your body's natural detoxification. Using gentle, rhythmic movements and detoxifying essential oils, this massage helps reduce water retention, ease heaviness, and restore a sense of lightness.

FULL BODY | MEDIUM PRESSURE | DETOXIFICATION

PRENATAL & POSTNATAL

75 min | AED 750

Designed to support and nurture both body and mind, this gentle massage provides much-needed relief for mothers before and after birth. Thoughtful, flowing movements ease tension, improve circulation, and promote deep relaxation, whilst carefully selected techniques help relieve common discomforts such as lower back pain, swelling, and fatigue. Safe, soothing, and deeply restorative, this treatment offers a moment of calm, helping you reconnect with yourself as you embrace the beauty of motherhood.

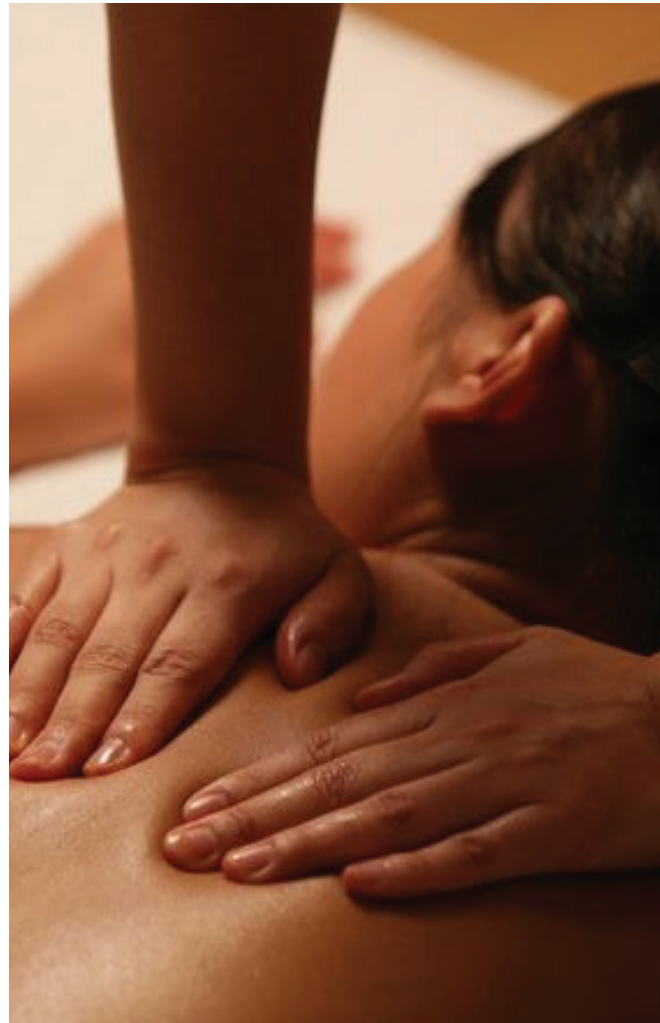
FULL BODY | SOFT-MEDIUM PRESSURE | STRESS RELIEF

BUMP DAY BY 💧 PureBorn

75 min | AED 750

A nurturing experience for body and skin during motherhood. Start with a soothing massage to ease tension, improve circulation, and relieve discomfort. Finish with a calming facial or blowout for restored balance.

PRE/POST-NATAL MASSAGE | EXPRESS FACIAL | BLOWDRY



ADD-ONS

BEAUTIFUL LEGS

30 min | AED 350

An invigorating anti-fatigue treatment, combining a refreshing wrap with targeted draining techniques, this therapy is perfect for those who experience discomfort from prolonged standing, poor circulation, or water retention. Infused with aromatic elements, it soothes muscular fatigue, reduces swelling, and promotes a feeling of lightness and vitality.

CUSTOMIZED EXPRESS MASSAGE

30 min | AED 350

Enjoy a tailored 30-minute massage, expertly designed to target your specific areas of tension and deliver effective relief.

MINI FACIAL RESET

30min | AED 350

Indulge your skin with a deeply hydrating and revitalizing luxury sheet mask, infused with potent active ingredients to replenish moisture, soothe, and restore radiance.

GLASS SKIN FACIAL

30min | AED 300

Achieve a radiant glass skin glow in just 30 minutes with our signature facial, designed to deeply hydrate, smooth, and brighten your complexion.

VITAMIN C AMPULE

AED 120

Boost your facial with Vitamin C to brighten skin, boost collagen, even out tone, and reduce fatigue for a radiant, refreshed complexion.

AGE EXCEPTION BOOST

AED 150

This add-on targets fine lines, wrinkles, and skin elasticity with concentrated active ingredients, helping to smooth, plump, and restore a youthful glow.

HOT STONES

AED 100

Ease tension, melt stress, and deeply relax your body with warmed stones, specifically placed to enhance wellbeings & relaxation.

HIMALAYAN HOT STONES

AED 120

Mineral-rich Himalayan salt stones will soothe muscles, support detox, and restore balance.

MARE BY BUSSOLA

AED 250

The 'Mare By Bussola' beach daycation, including beach pass, 2 courses and 2 cocktails



BODY TREATMENTS

SLIM AND CONTOUR

60 min | AED 500

A sculpting and revitalizing experience designed to promote circulation, tone the skin, and enhance overall firmness. This aromatic massage blends expert techniques with invigorating essential oils to help smooth the appearance of dimpling while deeply nourishing the body. The journey concludes with a restorative massage, leaving you feeling refreshed, contoured, and beautifully re-energized—the perfect balance of relaxation and refinement.

FULL BODY | CONTOURING | MEDIUM PRESSURE

REMINERALIZING SEA SALT POLISH

30 min | AED 350

Energize your skin with this revitalizing sea salt scrub, designed to exfoliate, cleanse, and restore its natural glow. Mineral-rich salt crystals gently buff away dullness, while apricot oil deeply nourishes, leaving your skin feeling silky smooth and radiant. Infused with the refreshing aromas of verbena, citrus, and bergamot, this invigorating treatment awakens the senses and refreshes both body and mind.

FULL BODY | SEA SALT POLISH | DETOXIFYING

MAURITIAN SUGAR GLOW

30 min | AED 350

Indulge in a decadent exfoliation ritual with Mauritian brown sugar, gently buffing away dryness to reveal silky-soft, radiant skin. Infused with macadamia oil, this rich scrub deeply nourishes while enveloping you in warm notes of honey, vanilla, and hazelnut. Complete your treatment with a hydrating body balm, enriched with mango and shea butters, leaving your skin supple, smooth, and beautifully scented with a light touch of vanilla.

FULL BODY | SUGAR BUFF | REJUVINATING





FACIALS

HYDRAGLOW FACIAL

60 min | AED 650

Replenish and restore your skin's natural radiance with this deeply hydrating facial. Using nutrient-rich serums and moisture-boosting ingredients, this treatment quenches dry, dehydrated skin while improving elasticity and softness. Gentle techniques enhance absorption, leaving your skin plumped, glowing, and refreshed. Perfect for combatting the effects of dryness, stress, or travel.

SKIN NOURISH FACIAL

60 min | AED 650

Nutrient-rich facial, designed to replenish, hydrate, and restore vitality. Packed with antioxidants, vitamins, and essential nutrients, this treatment works to deeply nourish your complexion, improving elasticity, radiance, and overall skin health. Perfect for restoring balance and vitality, it leaves your skin feeling soft, supple, and brimming with a healthy glow.

PRENATAL GLOW

60 min | AED 650

This rebalancing and soothing treatment features clean, gentle products aimed at calming irritation and decreasing the appearance of redness. Its lasting results will protect, correct, and boost the skin by strengthening its delicate capillaries and evening out the skin tone.

THE ULTIMATE SKIN RESET

60 min | AED 700

A deep cleanse, a reset, and a glow that lasts. This multi-step facial works to purify, balance, and restore your skin's natural radiance. Using a blend of gentle exfoliation, professional-strength AHA-BHA peeling, and oxygenating botanical infusions, this treatment clears impurities and revitalizes dull skin. A finishing touch of aromatic essential oils replenishes and hydrates, leaving your skin fresh, luminous, and in perfect harmony.

VITAMIN C RADIANCE FACIAL

60 min | AED 750

Revive your skin's natural brilliance with this brightening Vitamin C facial. Designed to even out skin tone and reduce the appearance of dark spots, this gentle yet effective treatment harnesses the power of Vitamin C to support collagen production, improve radiance, and combat environmental stressors. Perfect for addressing pigmentation and dullness, this hydroquinone-free facial leaves your complexion visibly brighter, smoother, and glowing with vitality.

AGE REWIND RITUAL

60 min | AED 750

This multi-corrective, wrinkle-smoothing treatment targets fine lines with a powerful 3D action, plumping and refining their length, width, and depth. A blend of silk, Japanese wakame, plant-based stem cells, and youth-boosting lipoamino acids works to combat inflamm'aging and free-radical damage. A professional-strength peel, freshly prepared modeling mask, and aromatic rituals amplify results, leaving your skin visibly rejuvenated and deeply restored.

KOREAN GLASS SKIN FACIAL

30 min | AED 300 60 min | AED 600

This Korean-inspired facial combines deep cleansing, gentle exfoliation, and intensive hydration to reveal a brighter, smoother complexion. Designed to achieve the signature glass-skin effect, the treatment leaves the skin glossy, plump, and beautifully radiant.

ESSENCE OF ARABIA

ANCESTRAL OUD MASSAGE

60 min | AED 650 90 min | AED 800

Drift into deep relaxation with this warm, aromatic ritual inspired by the serenity of the desert. Rich scents of oud wood, leather, and warm spices fill the air as nutrient-rich prickly pear, argan, jojoba, and jasmine oils deeply nourish your skin. Expert massage techniques melt away tension, restoring balance and enveloping you in lasting warmth.

FULL BODY | MEDIUM PRESSURE | WARM OILS | BALANCING

PEARL OF THE DESERT FACIAL

60 min | AED 750

Inspired by the golden glow of Arabian sands, this illuminating facial restores brilliance and vitality to tired skin. A blend of natural pearls, apricot, and buriti deeply hydrates, brightens, and smooths, while gentle exfoliation unveils a radiant complexion. A soothing facial massage enhances circulation, followed by a hand and arm massage infused with oud wood, warm spices, and soft leather, bringing a touch of Arabian elegance to your self-care ritual.

ARABIAN HAMAMESQUE EXPERIENCE

120 min | AED 900

A journey of renewal, inspired by tradition and modern luxury. Begin with a Mauritian sugar scrub to reveal soft, radiant skin, followed by a full-body massage with warm oud and spice-infused oils to melt away tension. A nourishing hair ritual with enriching oils and a mango butter mask restores shine, while a revitalizing facial leaves your complexion luminous. An immersive experience designed for deep restoration.

FULL BODY MASSAGE | HAIR RITUAL | FACIAL | DEEP RESTORATION



RITUALS

THE BLENDED RESET

120 MIN | AED 950

Begin with a tension-releasing massage, combining rhythmic strokes, gentle mobilization, and soothing aromatherapy to melt away stress and restore balance. Next, invigorate your skin with a revitalizing sea salt scrub, enriched with mineral-rich crystals and uplifting notes of verbena, citrus, and bergamot, leaving your body smooth, nourished, and refreshed. Complete your ritual with a deeply hydrating facial, infusing moisture-boosting serums to quench dryness, improve elasticity, and restore your skin's natural glow.

FULL BODY MASSAGE | FACIAL | RECHARGE

TIMELESS GLOW

120 min | AED 900

Unwind, recharge, and reveal your radiance with this transformative full-body and facial experience. Begin with a tension-releasing massage, combining rhythmic strokes, gentle mobilization, and soothing aromatherapy to reset your mind and body. Then, indulge in a multi-step facial designed to purify, balance, and restore your skin's natural glow. A professional-strength AHA-BHA peel, oxygenating botanical infusions, and nourishing essential oils work in harmony to clear impurities and deeply hydrate.

FULL BODY MASSAGE | FACIAL | REJUVINATE

SCULPT & GLOW RITUAL

120 min | AED 900

Reveal radiant, smooth skin with this invigorating full-body ritual. Begin with a mineral-rich sea salt scrub to exfoliate and energize, followed by a sculpting massage using firming essential oils to boost circulation and tone. Expert techniques help smooth the appearance of dimpling, leaving the body re-energized and contoured. The ritual concludes with a nourishing body balm enriched with mango and shea butters, sealing in moisture and leaving the skin soft, supple, and delicately scented with vanilla.

FULL BODY MASSAGE | SEA SALT POLISH | SCULPTURING

