

WELLNESS WEDNESDAYS

CHOICE OF ONE DISH + 2 DRINKS

Food

GREEN QUINOA SALAD MU N V

MIXED LETTUCE, CUCUMBER, PUMPKIN, AVOCADO,
COURGETTE, CHERRY TOMATO, PASSION FRUIT
DRESSING

AVOCADO PINEAPPLE SALAD D N V

CANDIED WALNUTS, CHILI, PINEAPPLE, MIXED
GREENS, PICKLED ONIONS, HONEY LEMON DRESSING

CORN & AVOCADO MAKI D E V

MIXED PEPPERS, JALAPEÑO MAYO

THE MIAMI VICE MAKI F G R S SE SO

SPICY TUNA, AVOCADO, CUCUMBER, SHRIMP TEMPURA,
MANGO, SWEET CHILI SAUCE

VEGETARIAN TACOS D G SU V

MIXED PEPPERS, GUACAMOLE, WILD MUSHROOMS,
SALSA VERDE, COTTAGE CHEESE, CRISPY SWEET POTATO

MIAMI CRAB TACOS D E F G SU

AVOCADO, KIMCHI, LIME, SPICY DASHI BUTTER

FALAFEL WRAP D G SE V

HUMMUS, TAHINA YOGHURT, TOMATO,
PICKLED ONION, LETTUCE, PARSLEY

GREEN RICE BOWL D E F SE

SALMON, AVOCADO, KALE, PICO DE GALLO,
PICKLED CARROT, PUMPKIN, ROMESCO, POACHED EGG

CHICKEN CAESAR WRAP D E F G

BABY GEM, PARMESAN, GARLIC CROUTONS

FRUIT PLATTER V

SEASONAL FRUITS

Drinks

MOCHA OR SALTED CARAMEL ICED COFFEE

MOCHA OR SALTED CARAMEL, MILK, COFFEE, WHIPPED CREAM, COOKIE CRUMBLE,
BELGIUM CHOCOLATE

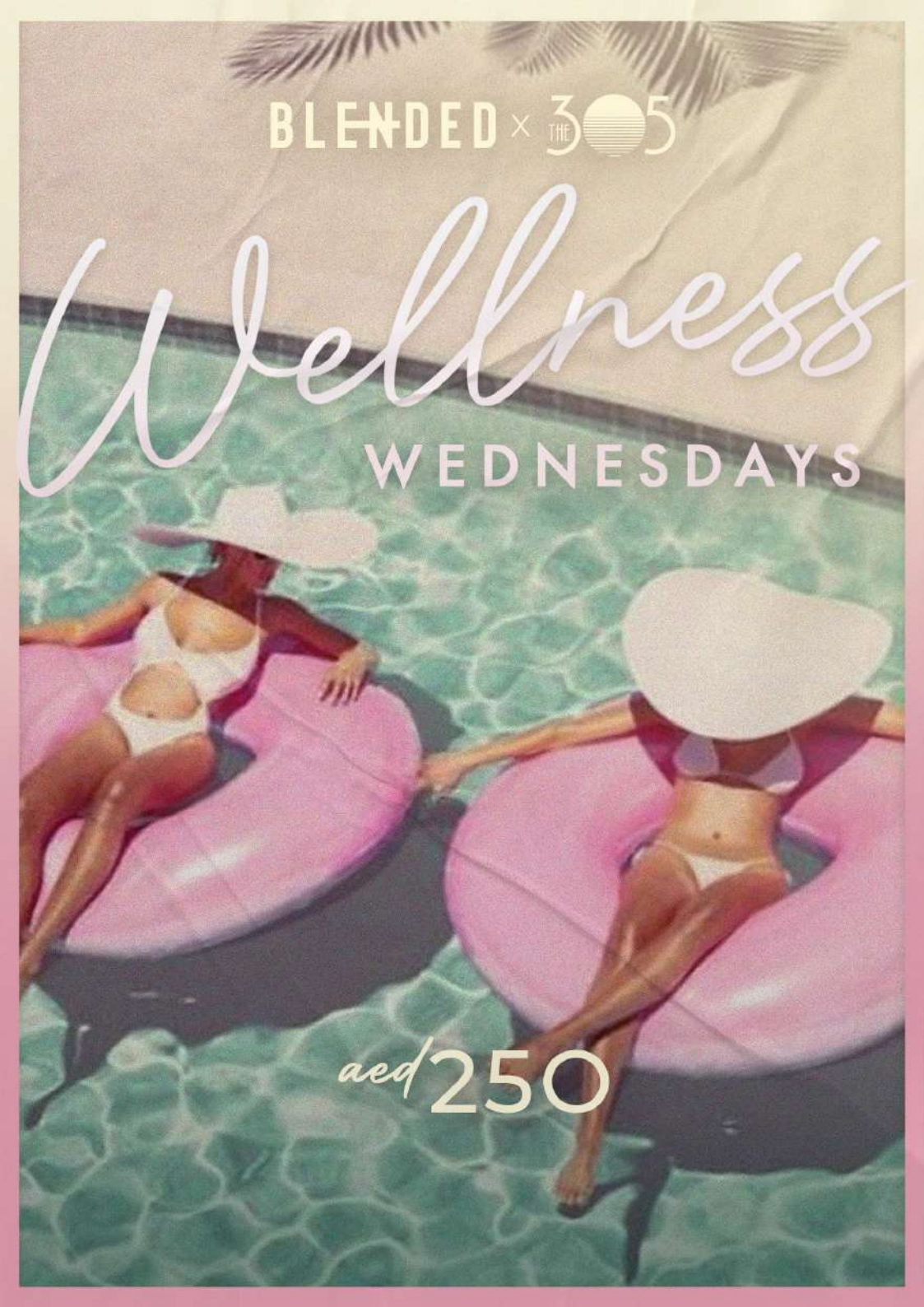
SMOOTHIES

PASSION FRUIT

PASSION FRUIT, ORANGE, VANILLA, BLACKBERRIES, BLACKCURRANT HONEY

MATCHA

MATCHA, VANILLA, MILK, DRAGON FRUIT, COCONUT FLAKES



BLEND $\times$ THE 305

Wellness

WEDNESDAYS

aed 250